

Aegle Subscription Package for Members of The City Club and Balesin Island Club

The Aegle subscription plans are designed for existing members of The City Club at Alphaland Makati Place and Balesin Island Club. They aim to provide a means for members to maintain a healthcare program beyond what is regularly offered in hospitals and by health maintenance organizations (HMOs).

The packages make it convenient for members to incorporate their annual executive checkup at Aegle Balesin with their island vacation. At the same time, Aegle at The City Club provides a place for regular health checks and follow-ups, as well as refilling their customized supplements included in their bespoke health programs.

PLAN	INCLUSIONS	DETAILS
<p>Premium (Introductory price* Php 250,000.00)</p>	<ul style="list-style-type: none"> • Four diagnostic testing sessions a year: two 3-day wellness packages in Aegle Balesin and two follow-ups at Aegle City Club • Under Armour activity monitor and connected scale • 48 personal exercise training sessions (once weekly) • 12 nutrition consults with meal plans and online coaching • 12 physician consults • 12 hyperbaric oxygen therapy sessions • 12 intravenous therapy sessions • 4 colon hydrotherapy sessions 	<p>An executive checkup program that does not stop at just releasing test results but provides guidance through an interactive health maintenance program focusing on prevention.</p> <p>Annual and semi-annual thorough diagnostic tests incorporated in 3-day detoxification programs in Aegle Balesin, with outpatient follow-up blood tests every 3 months (quarterly).</p> <p>Diagnostics cover the following:</p> <ol style="list-style-type: none"> 1. Functional analysis (body composition, general vascular status, autonomic nervous system stress response) 2. Blood analysis for micronutrient deficiencies 3. Organ function tests (liver, kidney, digestive and metabolic) 4. Hormone analysis 5. Urine analysis <p>Medical evaluation and assessment, including health and lifestyle modification recommendations.</p> <p>Nutrition assessment and meal plan recommendations.</p> <p>Exercise program recommendation and instruction.</p> <p>Under Armour activity monitor and connected scale to monitor nutrition and exercise progress and goals.</p> <p>Weekly evaluation of exercise progress for possible modification.</p> <p>Monthly follow-up with physician and nutritionist.</p> <p>Program incorporates detoxification and regenerative treatments utilizing monthly hyperbaric treatments, intravenous solutions and quarterly colon hydrotherapy.</p>

PLAN	INCLUSIONS	DETAILS
<p>Standard Plus (Introductory price* Php 175,000.00)</p>	<ul style="list-style-type: none"> • Two diagnostic testing sessions a year, with one done in Aegle Balesin and one done at Aegle City Club • 48 personal exercise training sessions (once weekly) • 12 nutrition consults with meal plans and online coaching • 12 physician consults • 12 hyperbaric oxygen therapy sessions • 12 intravenous therapy sessions • 4 colon hydrotherapy sessions 	<p>An annual thorough diagnostic test incorporated in a 3-day detoxification program in Aegle Balesin, with a follow-up outpatient blood test semi-annually (midyear checkup).</p> <p>Diagnostics cover the following:</p> <ol style="list-style-type: none"> 1. Functional analysis (body composition, general vascular status, autonomic nervous system stress response) 2. Blood analysis for micronutrient deficiencies 3. Organ function tests (liver, kidney, digestive and metabolic) 4. Hormone analysis 5. Urine analysis <p>Medical evaluation and assessment, including health and lifestyle modification recommendations.</p> <p>Nutrition assessment and meal plan recommendations.</p> <p>Exercise program recommendation and instruction.</p> <p>Weekly evaluation of exercise progress for possible modification</p> <p>Monthly follow-up with physician and nutritionist.</p> <p>Program incorporates detoxification and regenerative treatments utilizing monthly hyperbaric treatments, intravenous solutions and quarterly colon hydrotherapy.</p>

PLAN	INCLUSIONS	DETAILS
Standard (Introductory price* Php 125,000.00)	<ul style="list-style-type: none"> • Two diagnostic testing sessions a year: one 3-day wellness package in Aegle City Club/The Alpha Suites and one follow-up testing after 6 months • 24 personal exercise training sessions (twice every month) • 12 nutrition consults with meal plans and online coaching • 12 physician consults • 12 hyperbaric oxygen therapy sessions • 12 intravenous therapy sessions • 2 colon hydrotherapy sessions 	<p>An annual thorough diagnostic test incorporated in a 3-day detoxification program at Aegle City Club/The Alpha Suites, with a follow-up outpatient blood test semi-annually (midyear checkup).</p> <p>Diagnostics cover the following:</p> <ol style="list-style-type: none"> 1. Functional analysis (body composition, general vascular status, autonomic nervous system stress response) 2. Blood analysis for micronutrient deficiencies 3. Organ function tests (liver, kidney, digestive and metabolic) 4. Hormone analysis 5. Urine analysis <p>Medical evaluation and assessment, including health and lifestyle modification recommendations.</p> <p>Nutrition assessment and meal plan recommendations.</p> <p>Exercise program recommendation and instruction.</p> <p>Evaluation of exercise progress every two weeks for possible modification.</p> <p>Monthly follow-up with physician and nutritionist.</p> <p>Program incorporates detoxification and regenerative treatments utilizing monthly hyperbaric treatments, intravenous solutions and semi-annual colon hydrotherapy.</p>

*Prices valid until August 31, 2016 and do not include 12% VAT

For more information, contact Angelique Jadormio at 0916.282.6941 or info@aeglewellnesscenter.com
www.aeglewellnesscenter.com